AO-250 (Rev. 09/20) Pro Se Motion for Compassionate Release

UNITED STATES DISTRICT COURT

FOR THE DISTRICT OF

UNITED STATES OF AMERICA	Case No.
	(Write the number of your
	criminal case.)
v.	
	MOTION FOR SENTENCE
	REDUCTION UNDER
	18 U.S.C. § 3582(c)(1)(A) (Compassionate Release)
Write your full name here	(Pro Se Prisoner)
Write your full name here.	(Fro Se Frisoner)
privacy and security concerns resulting from public papers filed with the court should <i>not</i> contain: an	a minor; or a complete financial account number. social security number; the year of an
I. DOCUMENTS ATTACHED TO MOTION	
Does this motion include a request that any docum	
Does this motion include a request that any documents filed under seal are not available to the	
Does this motion include a request that any docum	

ATTACHMENTS AND REQUEST TO SEAL

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Please list any documents you are attaching to this motion. A proposed release plan is included as an attachment. You are encouraged but not required to complete the proposed release plan. A cover page for the submission of medical records and additional medical information is also included as an attachment to this motion. Again, you are not required to provide medical records and additional medical information. For each document you are attaching to this motion, state whether you request that it be filed under seal because it includes confidential information.

Document	Attached?	Request to Seal?	
Proposed Release Plan	□ Yes □ No	☐ Yes ☐ No	
Additional Medical Information	\square Yes \square No	\square Yes \square No	
Other Sensitive Information	☐ Yes ☐ No	☐ Yes ☐ No	
(e.g., victim abuse-related information			
under §1B1.13(b)(4))			
II. SENTENCE INFORMATION			
Date of Sentencing:			
Term of Imprisonment Imposed:			
Approximate Time Served to Date:			
Day and Dalama Data			
Proposed Release Date:			
Length of Term of Supervised Release:			
Length of Term of Supervised Release.			
Have you filed an appeal in your case?			
☐ Yes	□ No		
Are you subject to an order of deportation	or an ICE detainer?		
☐ Yes	□ No		
			

III. EXHAUSTION OF ADMINISTRATIVE REMEDIES¹

Title 18 U.S.C. § 3582(c)(1)(A) allows you to file this motion (1) after you have fully exhausted all administrative rights to appeal a failure of the Bureau of Prisons to bring a motion on your behalf,

¹ The requirements for this compassionate release motion being filed with the court differ from the requirements that you would use to submit a compassionate release request to the Bureau of Prisons. This form should only be used for a

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or (2) 3	0 days a	after the	warden	of your	facility	received	your r	equest	that the	warden	make a
motion	on your	behalf,	whichev	ver is ea	ırlier.						

Please include copies of any written correspondence to and from the Bureau of Prisons related to your motion, including your written request to the Warden and records of any denial from the Bureau of Prisons.

compassionate release motion made to the court. If you are submitting a compassionate release request to the Bureau of Prisons, please review and follow the Bureau of Prisons program statement.

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<u>c</u> Court can determine i	teria. <u>See §1B1.13(b)(1)(B)</u> . Please answer the following questions so tf you are eligible for release under this section of the statute.
	ars or more of imprisonment pursuant to a sentence imposed under 18 e offense or offenses for which you are <u>currently</u> imprisoned?
☐ Yes	□ No
safety of any other pers	Federal Bureau of Prisons determined that you are not a danger to the on or the community, as provided under section 3142(g), and that such with applicable policy statements issued by the Sentencing Commission
□ Yes	□ No
B. Do you believe then	e are other extraordinary and compelling reasons for your release
□ Yes	□ No
warrant a reduction and the Sentencing Commis	dant's term of imprisonment if "extraordinary and compelling reasons" such a reduction is consistent with applicable policy statements issue sion." illness. See §1B1.13(b)(1)(A).
=	hysical or medical condition; a serious functional or cognitive impairm
diminishes my ab	hysical or mental health because of the aging process that substantially illity to provide self-care within the environment of a correctional faciliated to recover from this condition. See §1B1.13(b)(1)(B).
diminishes my ab and I am not expo	hysical or mental health because of the aging process that substantially ility to provide self-care within the environment of a correctional facility to recover from this condition. <u>See §1B1.13(b)(1)(B)</u> . Some a medical condition that requires long-term or specialized medical corrovided and without which I am at risk of serious deterioration in health
diminishes my ab and I am not experience of that is not being proof death. See §1E	hysical or mental health because of the aging process that substantially ility to provide self-care within the environment of a correctional facility to recover from this condition. <u>See §1B1.13(b)(1)(B)</u> . Some a medical condition that requires long-term or specialized medical corrovided and without which I am at risk of serious deterioration in health

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	I am 65 years old or older, I am experiencing a serious deterioration in physical or mental health because of the aging process, and I have served at least 10 years or 75 percent of my term of imprisonment, whichever is less. See §1B1.13(b)(2).
	The caregiver of my minor child/children or adult disabled child/children has died or become incapacitated and I am the only available caregiver for my child/ children or adult disabled child/children. <i>See</i> §1B1.13(b)(3)(A).
	My spouse/registered partner, parent, immediate family member (child, spouse, registered partner, parent, grandchild, grandparent, or sibling), or someone whose relationship is similar to that of an immediate family member has become incapacitated and I am the only available caregiver for them my spouse/registered partner. See §1B1.13(b)(3)(B), (C), and (D).
	While serving this sentence, I was a victim of sexual or physical abuse that was committed by or at the direction of a correctional officer, an employee or contractor of the Bureau of Prisons, or any other individual having custody or control over me. <i>See</i> §1B1.13(b)(4).
	There are other extraordinary and compelling reasons for my release. There is another circumstance or combination of circumstances that, when considered by themselves or together with any of the reasons described above, are similar in gravity to any of those reasons (the reasons described above). See §1B1.13(b)(5).
	I received an unusually long sentence, I have served at least 10 years of the term of imprisonment, and a change in the law (other than an amendment to the Guidelines Manual that has not been made retroactive) would produce a gross disparity between the sentence being served and the sentence likely to be imposed on the date I filed this motion, after full consideration of my individualized circumstances. <i>See</i> §1B1.13(b)(6).
these that in	e explain below the basis for your request. If there is additional information regarding any of issues that you would like the Court to consider but which is confidential, you may include a formation on a separate page, attach the page to this motion, and, in section I above v, request that that attachment be sealed.

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V. PREVIOUSLY FILED MOT	<u>TIONS</u>	
Have you previously filed any mo	otions for compassionate release	[in any court]?
□ <u>Yes</u>	□ <u>No</u>	
If yes, were any of your previous	motions granted?	
□ Yes	<u></u> □ <u>No</u>	
If you have previously filed any ror the law has changed since your makes you eligible? Please provi	other compassionate release mo	
Please list any documents you are an attachment. You are encourage	attaching to this motion. A proped but not required to complete the	h e proposed release plan. A cove t
page for the submission of medican attachment to this motion. Aga		
medical information. For each do	•	
request that it be filed under seal		•
Document	Attached?	Request to Seal?
Proposed Release Plan	□ Yes □ No	□ Yes □ No
Additional Medical Information	□ Yes □ No	□ Yes □ No
	□ Yes □ No	□ Yes □ No

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VI. REQUEST	FOR	APPOINTN	MENT	OF	COUNSEL
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I do not have an attorney	, and I request an attorney be appointed to help me.
□ Yes	□ No

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VII. MOVANT'S DECLARATION AND SIGNATURE

For the reasons stated in this motion, I move the court for a reduction in sentence (compassionate release) under 18 U.S.C. § 3582(c)(1)(A). I declare under penalty of perjury that the facts stated in this motion are true and correct.

Date	Signature
<u>Printed</u> Name	-
Endamal Damana of Prigona Danistan	-
Federal Bureau of Prisons Register	
No.	
	-
Federal Bureau of Prisons Facility	-
Name and Address	

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☐ Yes

UNITED STATES DISTRICT COURT

FOR THE

DISTRI	ICT OF
UNITED STATES OF AMERICA	Case No.
	(Write the number of your criminal case.)
v.	
Write your full name here.	
•	RELEASE PLAN
	duction Under 18 U.S.C. § 3582(c)(1)(A)
NOTIC	E
±	erson known to be a minor; or a complete e <i>only</i> : the last four digits of a social security
If you provide information in this document that you may request permission from the court to fi granted, the document will be placed in the elect public.	le the document under seal. If the request is
Do you request that this document be filed unde	er seal?

 \square No

A. Housing and Employment

ATTACHMENT TO MOTION FOR COMPASSIONATE RELEASE

PROPOSED RELEASE PLAN

To the extent the following information is available to you, please include the information requested below. This information will assist the U.S. Probation and Pretrial Services Office to prepare for your release if your motion is granted.

Provide the full address where you intend to reside if you are released from prison:
Provide the name and phone number of the property owner or renter of the address where you will reside if you are released from prison.
Provide the names (if under the age of 18, please use only their initials), ages, and relationship to you of any other residents living at the above-listed address:
If you have secured employment, please provide the name and address of your employer, and describe your job duties.
List any additional housing or employment resources available to you.
B. Medical Needs Will you require ongoing medical care if you are released from prison?
□ Yes □ No

ATTACHMENT TO MOTION FOR COMPASSIONATE RELEASE

Will you have access to health insurance if released?
□ Yes □ No
If yes, provide the name of your insurance company and the last four digits of the policy number. If no, how do you plan to pay for your medical care?
If no, are you willing to apply for government medical services (Medicaid/Medicare)?
□ Yes □ No
Do you have copies of your medical records documenting the condition(s) for which you are seeking release?
□ Yes
□ No
If yes, please include them with your motion. If no, where are the records located?
Are you prescribed medication in the facility where you are incarcerated?
□ Yes
□ No
If yes, list all prescribed medication, dosage, and frequency:

ATTACHMENT TO MOTION FOR COMPASSIONATE RELEASE

Do you require durable medical equipment (e.g., wheelchair, walker, oxygen, prosthetic limbs, hospital bed)?
□ Yes □ No
If yes, list equipment:
Do you require assistance with self-care such as bathing, walking, toileting?
□ Yes □ No
If yes, list the required assistance and how it will be provided.
Do you require assisted living? ☐ Yes ☐ No
If yes, provide the address of the anticipated home or facility and the source of funding to pay for it.
Are the people you are proposing to reside with aware of your medical needs? Yes No
Do you have other community support that can assist with your medical needs?
□ No

ATTACHMENT TO MOTION FOR COMPASSIONATE RELEASE

Provide their names, ages, and relationship to you. If the person is under the age of 18, please use only their initials.
Will you have transportation to and from your medical appointments?
□ Yes
□ No
Describe method of transportation.
SIGNATURE
I declare under penalty of perjury that the facts stated in this attachment are true and correct.
Date Signature
Printed Name
Federal Bureau of Prisons Register No.
Federal Bureau of Prisons Facility
Institution's Address

ATTACHMENT TO MOTION FOR COMPASSIONATE RELEASE

UNITED STATES DISTRICT COURT

FOR THE

DISTR	CT OF
UNITED STATES OF AMERICA	Case No. (Write the number of your criminal case.)
v.	
Write your full name here.	
	AL MEDICAL INFORMATION In Support of on Under 18 U.S.C. § 3582(c)(1)(A)
NOTIO	CE
the privacy and security concerns resulting from this rule, papers filed with the court should not number or full birth date; the full name of a p	erson known to be a minor; or a complete de <i>only</i> : the last four digits of a social security
	believe should not be publicly available, you may documents under seal. If the request is granted, the rt files but will not be available to the public.
Do you request that the attachments to this doc	rument be filed under seal?
□ Yes □ No	

ATTACHMENT TO MOTION FOR COMPASSIONATE RELEASE

MEDICAL RECORDS AND ADDITIONAL MEDICAL INFORMATION

To the extent you have medical records or additional medical information that support your motion for compassionate release, please attach those records or that information to this document.

SIGNATURE

I	declare	under	penalty	of	periu	rv tha	t the	facts	stated	in	this	attachmen	t are	true	and	correct

Date	Signature
Printed Name	
Federal Bureau of Prisons Register No.	
Federal Bureau of Prisons Facility	
Institution's Address	